

RAISING TECH Safe Kids



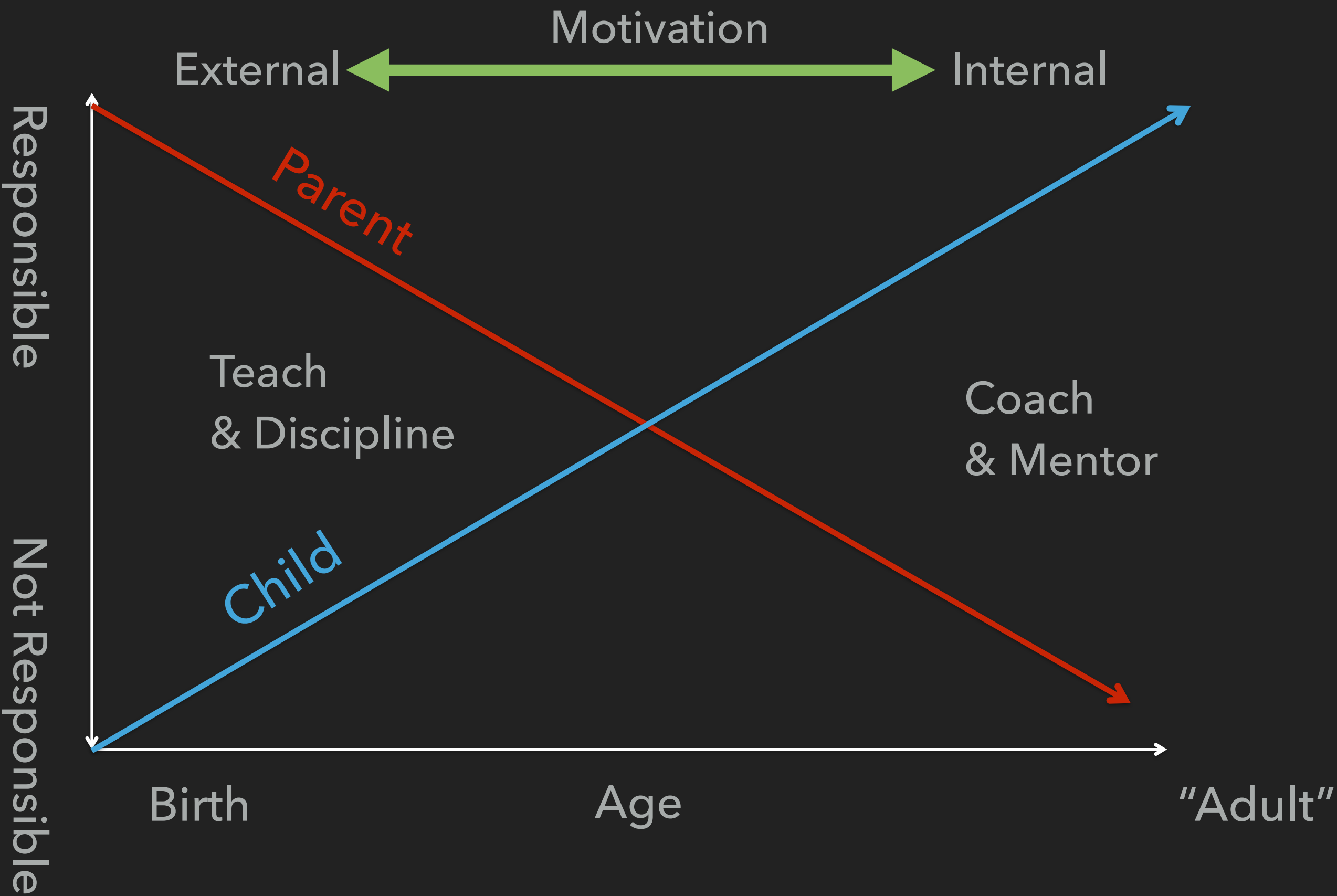
Refresh Conference - Chicago

They've Seen It All . . . Now What?

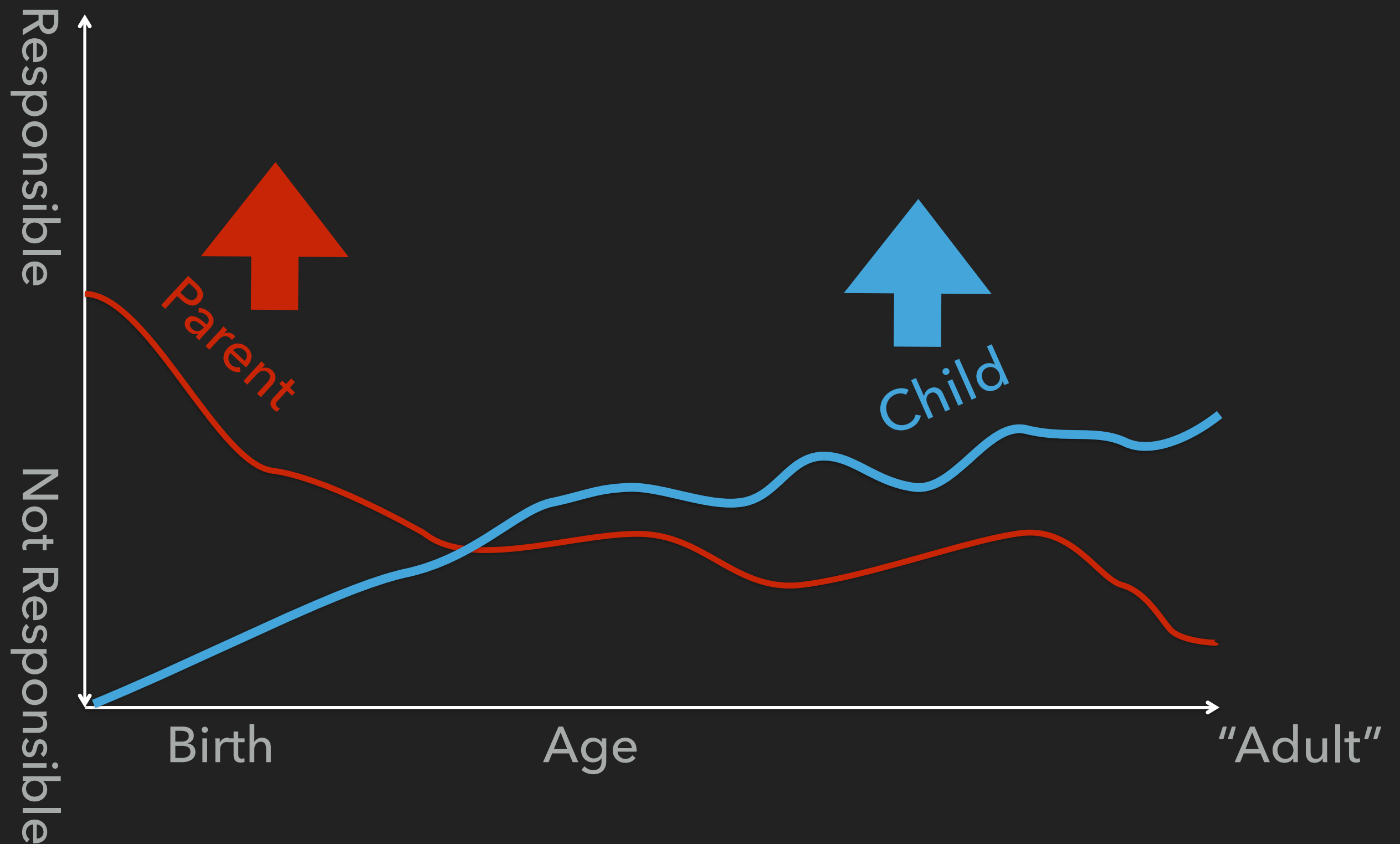
**THE THIEF COMES TO STEAL,
KILL AND DESTROY**

Jesus

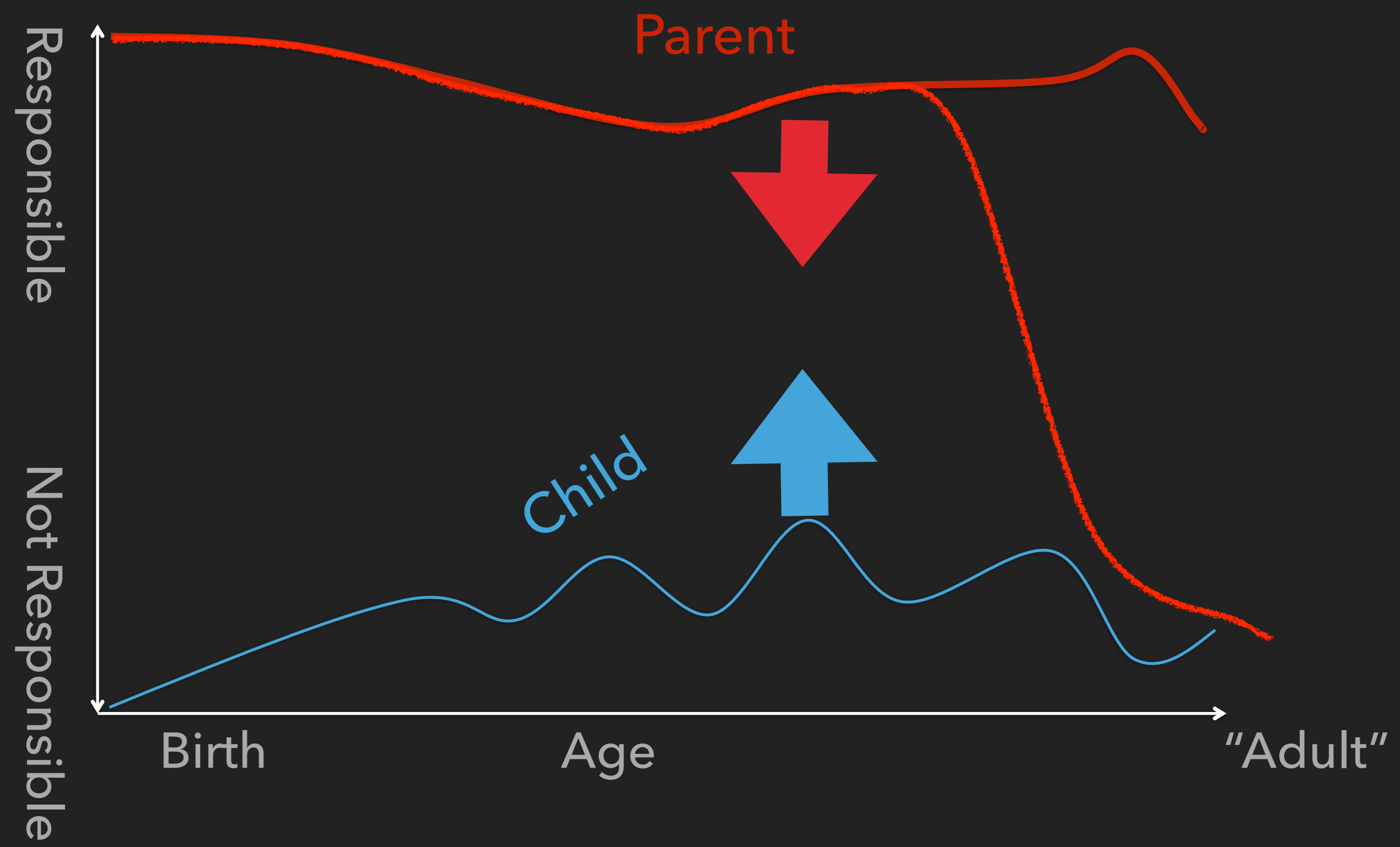
LAUNCH PROCESS



WHAT MANY OF OUR KIDS HAVE EXPERIENCED



ONE POSSIBLE REACTION





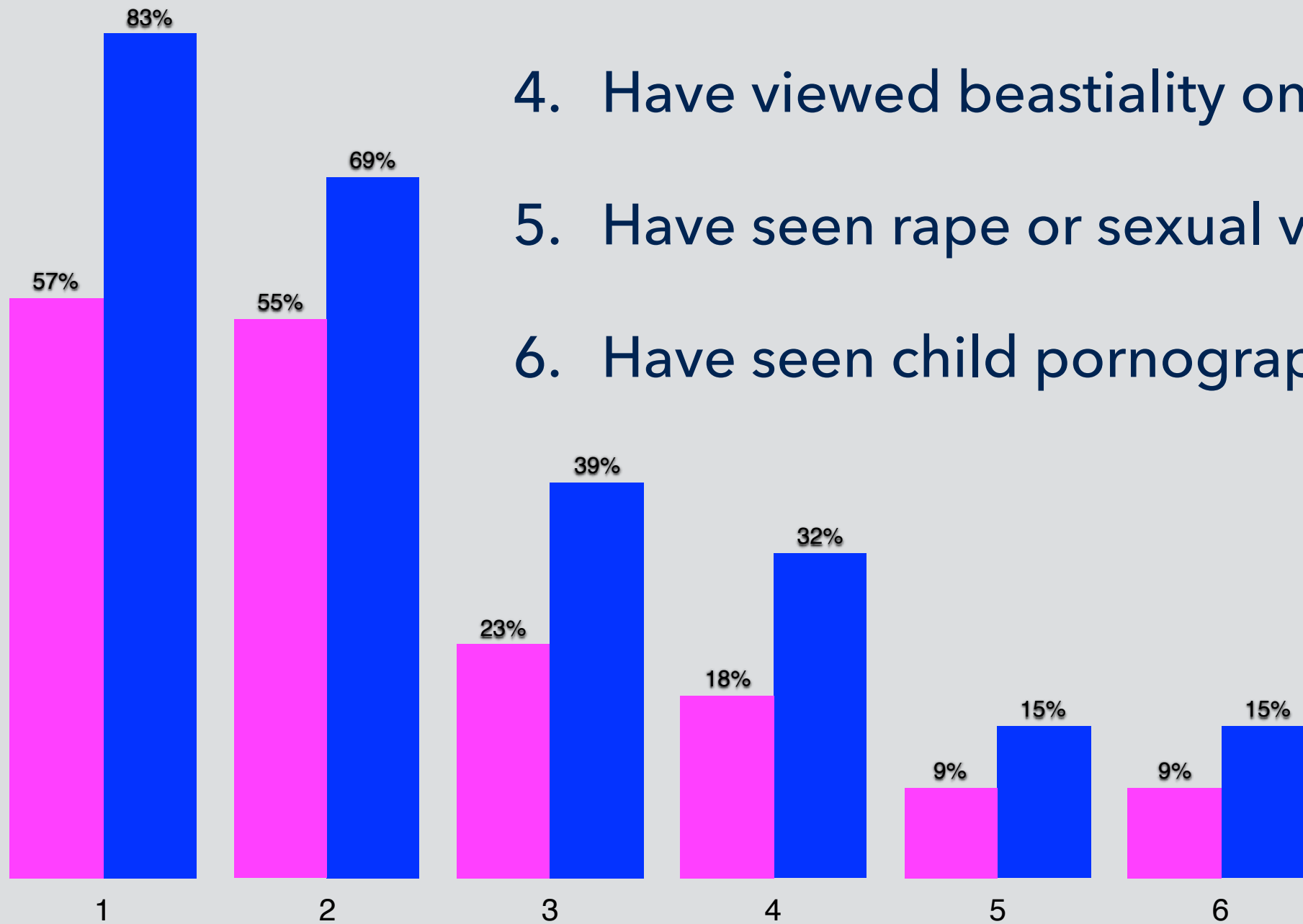
DEFINING PORNOGRAPHY

FORM AND FUNCTION

INTERNET RISKS

- ▶ 90% of 8-16 have viewed pornography
- ▶ 20-30% of adult industry traffic is children
- ▶ 80% of Children using e-mail receive inappropriate messages
- ▶ 70% of teens online have accidentally come across pornography on web

1. Have seen group sex on the Internet
2. Have seen porn showing same-sex intercourse
3. Have seen online sex acts involving bondage
4. Have viewed bestiality on the Internet
5. Have seen rape or sexual violence online
6. Have seen child pornography



Source: "The Nature and Dynamics of Internet Pornography Exposure for Youth" by Chiara Sabina, Janis Wolak, and David Finkelhor

FREQUENCY OF CONTACT WITH PORN

HOW FREQUENTLY PEOPLE COME ACROSS VS. SEEK OUT PORN, BY AGE

% among U.S. teens, young adults and adults 25+

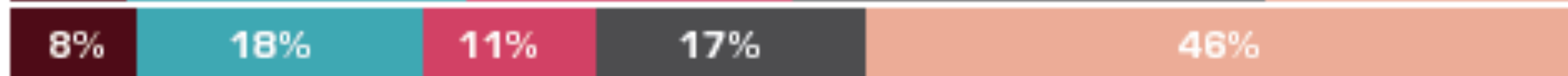
● daily ● weekly ● once or twice a month ● less often ● never

teens 13–17

come across



seek out



young adults 18–24

come across



seek out



ACTIONS THAT ARE WRONG: TEENS & YOUNG ADULTS 13 TO 24

% usually
+ always
wrong

base: teens and young adults 13-24

1. taking something that belongs to someone else	88
2. having a romantic relationship with someone other than a spouse	75
3. saying something that isn't true	71
4. not recycling	56
5. thinking negatively about someone with a different point of view	55
6. overeating	48
7. significant consumption of electricity or water	38
8. wanting something that belongs to someone else	32
9. viewing pornographic images	32
10. reading erotic or pornographic content (no pictures)	27
11. watching sexually explicit scenes on TV or in a movie	24

Google is now teaching many of our kids about sex... you can ask the privacy of your browser.

David Kinnaman



3 WAYS IMPURITY HURTS US

#1 – WE LOSE FOCUS



3 WAYS IMPURITY HURTS US

#2 – INCREASES OUR APPETITE AND DECREASES OUR SEXUAL SATISFACTION



- Coolidge Effect (Novelty Seeking)
- Tastes become increasingly extreme or deviant
- 19% premature ejaculation
- 25% disinterested in sex with partner
- 31% have difficulty reaching orgasm
- 34% experience erectile dysfunction



3 WAYS IMPURITY HURTS US

#3 – SEPARATES US FROM PEOPLE – MAKES US CONSUMERS OF PEOPLE

PLEASURE FROM ABUSING WOMEN

- ▶ Frequent drug use to dull physical and emotional pain
- ▶ High probability of having sexual abuse as children
- ▶ Abusive or distant father
- ▶ Coercion - show up to something different than they agreed to
- ▶ Human sex-trafficking - 1/2 of prostitutes create pornography





THE BRAIN ON PORN PARTIAL BRAIN PLEASURE

Neurons that fire together wire together

Donald Hebb – Neuropsychologist in 1949

CAUGHT BUT NOT HOOKED



VS.



WHERE IS THE CATCH

- ▶ Secrecy
- ▶ Shame
- ▶ Ignorance about body
- ▶ Ignorance about pleasure
- ▶ Fear of overreaction
- ▶ People pleasing, fear of disappointing
- ▶ Perfectionism
- ▶ Hopelessness





KEY POINT

**YOU NEED TO BE ABLE TO TALK
ABOUT DIFFICULT THINGS.**

Buffer Rules

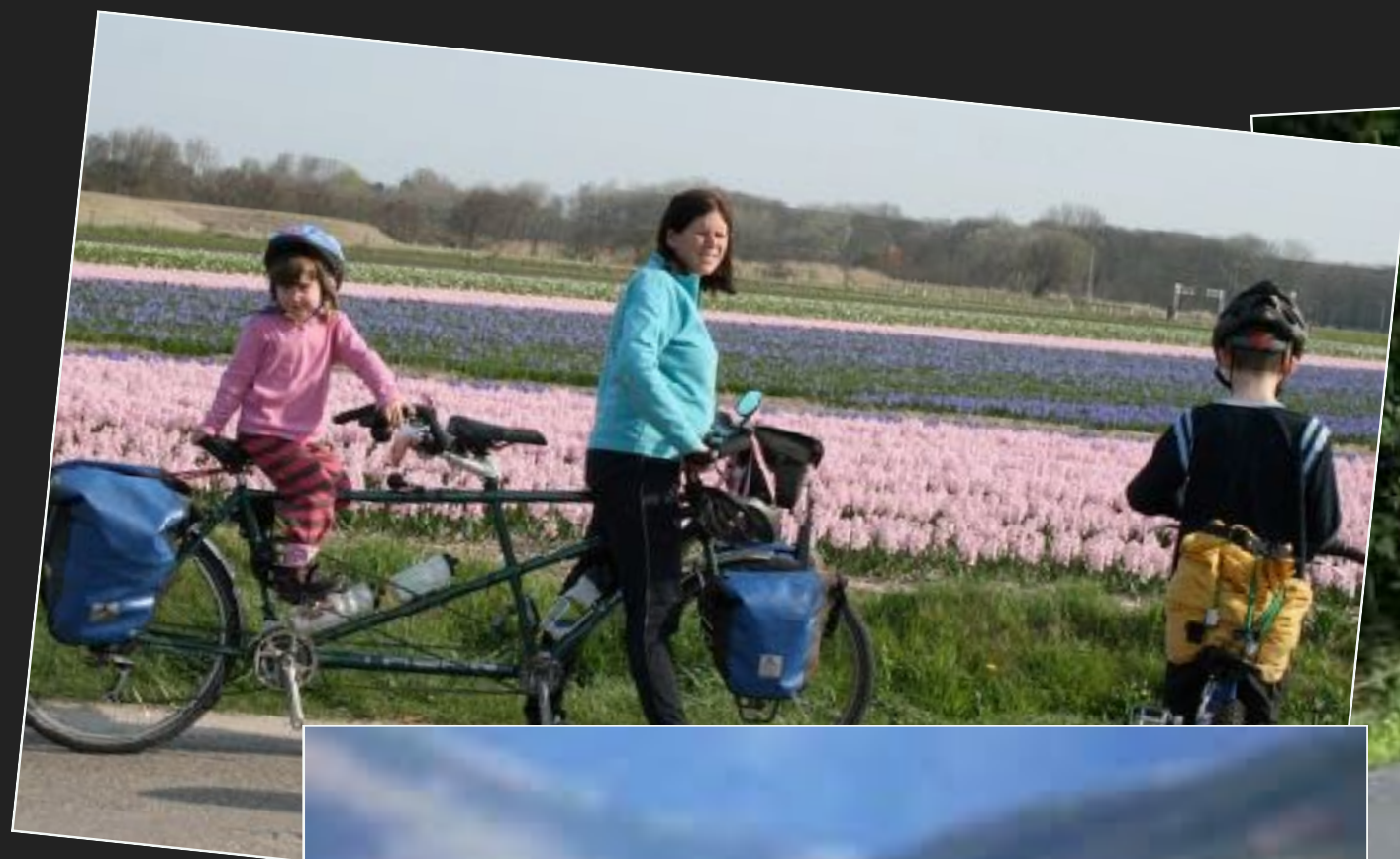
Rules

Values

Focus on Values
over rules.



WHAT ARE THEY LEARNING



Teach in the context of relationships.



No Question is Off
Base.



RECOVERY



6 Steps Toward Freedom

Helping Kids Recover

6 STEPS TO DISCOVERING FREEDOM

#1 – FOCUS ON POSITIVE – WHAT DRIVES YOU TO SAFETY?





6 STEPS TO DISCOVERING FREEDOM

#2 – FOCUS ON RECOVERY OVER ABSTINENCE

6 STEPS TO DISCOVERING FREEDOM



#3 – INCREASE RESISTANCE

BASIC FOUNDATION

- ▶ Internet in common areas
- ▶ **Accountability**/Filters
 - ▶ www.covenanteyes.com
 - ▶ www.xxxchurch.com
 - ▶ www.internetsafety.com
 - ▶ Circle with Disney
- ▶ Require passwords
- ▶ Monitor Activity
- ▶ Phones don't go everywhere
- ▶ "Ownership" rights

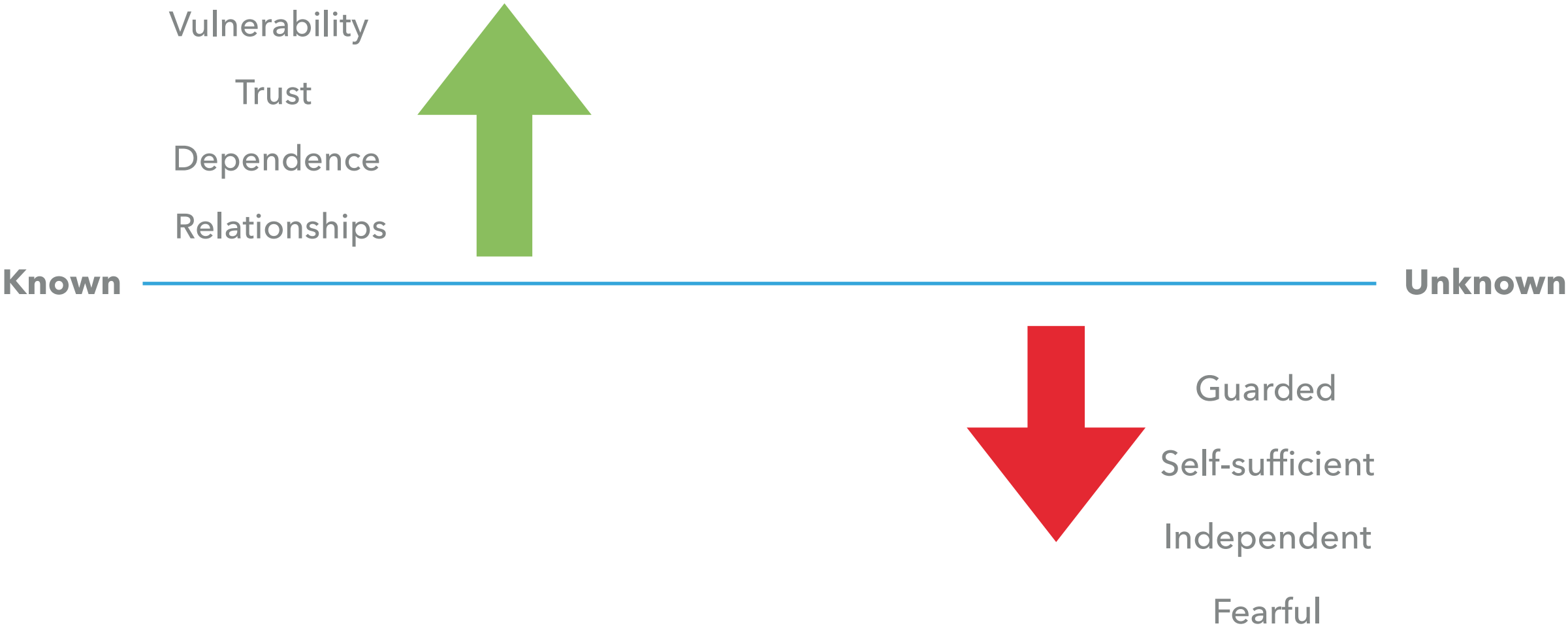




#4 – PURSUE YOUR WORST FEARS

6 STEPS TO DISCOVERING FREEDOM

PURSUIING YOUR WORST FEARS





6 STEPS TO DISCOVERING FREEDOM

#5 - DEVELOP AND WORK A PLAN



MONTHLY PLAN

EVERY MONTH, FOR EACH MONTH



6 STEPS TO DISCOVERING FREEDOM

#6 – RENEW YOUR MINDS

WHAT DO YOU WANT TO THINK ABOUT



PHILIPPIANS 4:8

Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.

Compelling

Authentic

Reputable

Noble

True

My Definition:

Movies/Books/TV:

Examples I've personally had:

Nature/Activity:

Other:



SESSION 1

QUESTIONS?

NEXT STEP

- ▶ Two Action Steps
- ▶ Support
- ▶ Email Follow-up
 - ▶ Sign-up sheet
 - ▶ familyexperience.gr8.com
 - ▶ PATCH to 66866

CONNECT



www.projectpatch.org



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360-690-8495



TodaysFamilyExperience.com